R⁵ Initiative

— Improving Access to the Right Care in the Right Place at the Right Time for the Right Reason at the Right Cost

IHI Organizing Meeting
July 8, 2010
What is R⁵?

- A DOH grant-funded initiative, administered by the Healthy Capital District Initiative focused on reducing sub-optimal ED use in the Capital District
- A three-layered analysis to determine root causes and systemic gaps that lead to sub-optimal ED use
- Supported by workgroups comprised of a wide range of providers, community groups, businesses, and elected representatives
R⁵ Goals

- Identify causes of sub-optimal ED use
- Identify promising practices and facilitate wider adoption in the Capital Region
- Improve patient & provider engagement with primary, preventive, and managed care through collaborative interventions, resulting in better health outcomes
- Collaboratively develop protocols to improve patient flow through the health system
Current R⁵ Workgroup Structure

- HCDI Board of Directors
- Advisory Committee
- Staff
  - Data Analysis Workgroup
  - Health Services Workgroup
  - CON Workgroup
Major R⁵ Activities Thus Far

- Health Services Workgroup convened to understand system gaps, share best practices
- Consumer survey implemented in field
- Meetings with providers to understand gaps
- SPARCS data analyzed, presented
- E-newsletter list and webpage developed: www.hcdiny.org/r5.htm
## Rough Timeline of Major Activities

<table>
<thead>
<tr>
<th>Primary Activities and Products</th>
<th>Fall 2009</th>
<th>Spring 2010</th>
<th>Summer 2010</th>
<th>Fall 2010</th>
<th>Spring 2011</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>• Develop project timeline</td>
<td>• Form work groups</td>
<td>• Finish qualitative data analysis / determine</td>
<td>• Involve new groups</td>
<td>• Implement additional intervention</td>
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<td></td>
<td>• Build project capacity</td>
<td>• Collect data</td>
<td>intervention</td>
<td>• Begin intervention</td>
<td>• Measure effects</td>
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<td></td>
<td>• Begin data collection</td>
<td>• SPARCS data analysis</td>
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<td>(Note: Other activities related to project)</td>
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Upcoming Timeline for R^5

- July 2010 – completion of patient surveys and health system analysis of protocols surrounding patient flow
- August 2010 – Meeting of R^5 workgroups to determine foci; reforming of workgroups according to patient streams
- September 2010 – Determine intervention design and form appropriate partnerships
- October 2010 – Begin implementation of interventions
What is IHI?

- Accelerate improvement in health care by building the will for change, cultivating promising concepts for improving patient care, and helping health care systems put those ideas into action.
- Help organizations identify populations where they see the greatest potential for improvement and establish specific aims and measures related to these population segments.
- Triple Aim is working with pioneering population-based care organizations to explore innovative designs with the potential to simultaneously improve the health of the population, enhance the patient care experience, and control per capita cost.
Questions/Discussion

- How could joining IHI best complement the R\textsuperscript{5} Initiative?
- What are the key organizational and public health benefits of an IHI moderated working collaboration on improving ED utilization in the Capital District?
- What does your organization hope to gain by joining our collaborative on the IHI initiative?
- What “patient streams” are potentially of the most interest to the groups here today?
- How would our organizations work together as a collaborative?
Contact

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