

# The COVID-19 Vaccine: Safe and Effective

*Effective at preventing deaths and hospitalizations!*



## WAS THE VACCINE TESTED ON PEOPLE LIKE ME?

The vaccine was tested on a variety of people including:

- Black, Asian, Hispanic, White, and Native Americans;
- People of different ages; and
- People with different illnesses.



## WERE PEOPLE LIKE ME INVOLVED IN ITS DEVELOPMENT?

- African American scientists including Dr. Kizzmekia Corbett and Dr. James E. K. Hildreth were heavily involved in developing and approving the vaccines.

## HOW WERE COVID-19 VACCINES DEVELOPED SO QUICKLY?

*Safety testing was not fast tracked!*

- Scientists have studied similar viruses for over 50 years!
- mRNA vaccine technology has been in development for over 10 years.
- Worldwide investment and cooperation sped up the process.



## CAN I TRUST THE VACCINE?

- You have every right to be concerned, given health care's history of unequal and sometimes unjust care that has harmed minority patients and still needs improvement. To help you decide, check out [Kamau Bell interviewing Black scientists doctors, and nurses](#) or this [video from the Black Women's Health Imperative](#).
- To hear more from Black researchers and advocates, check out the [Black Coalition Against COVID-19](#) or [The Center for Black Health and Equity](#) or [Uche Blackstock MD](#).
- The Vatican has stated that the vaccines are “morally acceptable” and Pope Francis has received one.

# VACCINES HELP YOU BUILD IMMUNITY WITHOUT GETTING COVID-19!



It will not change your DNA!



You cannot get COVID-19 from the vaccine!



The vaccine will NOT affect your fertility!

## BENEFITS OF VACCINATION



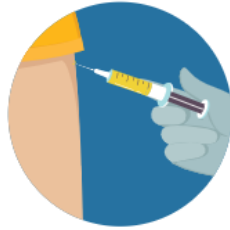
- Help protect yourself and your family!
- Help protect your neighbors and your community!
- ***It is free!***



## WHAT ELSE DO I NEED TO KNOW?

### Side Effects

You may experience temporary side effects such as soreness in the arm, headache, body aches, tiredness, and fever. These are signs that the vaccine is working. Call your doctor if your symptoms last more than 48 hours or if you have any questions.



Both Pfizer and Moderna vaccines require two doses taken either 3 or 4 weeks apart. Make sure you receive both doses if you get either of these vaccines! The Johnson & Johnson vaccine is only one shot.

## SLOW THE SPREAD

Even after vaccination, you may be able to carry the virus and give it to others if exposed so preventing the spread is still very important.

### If you leave home, know your 3 Ws!



#### WEAR

a cloth mask over your nose and mouth.



#### WAIT

6 feet apart. Avoid close contact.



#### WASH

your hands or use hand sanitizer.