

# What is Primary Care?

Your Primary Care Doctor is also called a PCP\* (Primary Care Provider).



Your Primary Care Provider (PCP) is always there to make sure health services make sense to you.



Primary Care is for people of all ages.



\*Primary Care Providers who only care for children are called Pediatricians, and Internists if only treating adults. Primary Care Providers may also be General Practitioners, Nurse Practitioners, and Primary Care Physicians

## Find a Primary Care Provider

There are Primary Care Providers (PCPs)\* for everyone, close to home. If you would like help finding a provider, please call (518) 462-7040.

**You have a Primary Care Provider appointment with:**

Dr.: \_\_\_\_\_

For: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Location: \_\_\_\_\_



175 Central Ave., 5<sup>th</sup> Flr  
Albany, N.Y. 12206  
Phone: (518) 462-7040  
Fax: (518) 462-7021  
[www.hcdiny.org](http://www.hcdiny.org)



**We can help you find a PCP and get insured.**

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# Primary Care Preventing Health Emergencies!



# Primary Care helps you **live longer!**

Your partner in health care catches health issues early, gets you the care you need, and **helps you avoid big emergency room bills.**

**WHEN WAS YOUR LAST VISIT**  
to a Primary Care Provider?

Primary Care visits are for wellness, prevention or management of chronic diseases.

**YOU NEED**  
A Primary Care Provider

**MAKE AN APPOINTMENT TODAY!**

**50%**

of adults have one or more chronic health condition

My PCP is my go to resource. We know each other, trust and understand each other.

I get my car inspected every year to keep it running safely for my family. I do the same for my health! My PCP helps me avoid problems so I can be there for my family.

If I have a serious issue, my PCP can let me know if I should go to urgent care or the ER. My PCP ordered a test that saved my life.

