Physical Activity Opportunities by County

**Albany - Rensselaer**
Public Health Planner - Keshana Owens-Cody  
kowens-cody@hcdiny.org

- Albany County Department of Recreation
- Albany County Convention and Visitors Bureau
- Rensselaer County Tourism
- Rensselaer County Activities Resource List
- Rensselaer County Outdoor Activity Areas

**Columbia - Greene**
Public Health Planner - Caroline Troue  
ctroue@hcdiny.org

- Columbia County Tourism
- Great Northern Catskills of Greene County
- Physical Activity in the Twin Counties

**Saratoga - Schenectady**
Public Health Planner - Deborah Henderson  
dhenderson@hcdiny.org

- The Saratoga County Chamber: Healthy Saratoga
- Saratoga County Tourism
- Schenectady County Sports and Recreation
- Schenectady County Convention & Visitors Bureau
Get Involved

Would you like to be more involved in community forums and decision making about the built environment? Find committees and meetings at the links below.

- Albany County Strategic Alliance: Lead - Suzanne Swan, Albany County Department of Health, Suzanne.swan@albanycountyny.gov
- Capital Coexist
- Capital District Transportation Committee
- Mohawk Hudson Land Conservancy
- Rensselaer Land Trust
- Saratoga County Recreation Commission