



## **Physical Activity Opportunities by County**

### **Albany - Rensselaer**

Public Health Planner - Keshana Owens-Cody

[kowens-cody@hcdiny.org](mailto:kowens-cody@hcdiny.org)

- [Albany County Department of Recreation](#)
- [Albany County Convention and Visitors Bureau](#)
- [Rensselaer County Tourism](#)
- [Rensselaer County Activities Resource List](#)
- [Rensselaer County Outdoor Activity Areas](#)

### **Columbia - Greene**

Public Health Planner - Caroline Troue

[ctroue@hcdiny.org](mailto:ctroue@hcdiny.org)

- [Columbia County Tourism](#)
- [Great Northern Catskills of Greene County](#)
- [Physical Activity in the Twin Counties](#)

### **Saratoga - Schenectady**

Public Health Planner - Deborah Henderson

[dhenderson@hcdiny.org](mailto:dhenderson@hcdiny.org)

- [The Saratoga County Chamber: Healthy Saratoga](#)
- [Saratoga County Tourism](#)
- [Schenectady County Sports and Recreation](#)
- [Schenectady County Convention & Visitors Bureau](#)



## Get Involved

Would you like to be more involved in community forums and decision making about the built environment? Find committees and meetings at the links below.

- Albany County Strategic Alliance: Lead - Suzanne Swan, Albany County Department of Health, [Suzanne.swan@albanycountyny.gov](mailto:Suzanne.swan@albanycountyny.gov)
- [Capital Coexist](#)
- [Capital District Transportation Committee](#)
- [Mohawk Hudson Land Conservancy](#)
- [Rensselaer Land Trust](#)
- [Saratoga County Recreation Commission](#)