# eBRFSS 2013-2014 Health Indicators: Rensselaer

General Description	
Improve Health Status and Reduce Health Disparities	
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	
Percentage of adults experiencing housing insecurity in the past 12 months	
Percentage of adults experiencing food insecurity in the past 12 months	
Percentage of adults with poor self-reported health	
Percentage of adults who report 14 or more days of poor physical health	
Prevent Chronic Diseases	
Percentage of adults who are obese	
Percentage of adults with an annual household income less than \$25,000 who are obese	
Percentage of adults living with a disability who are obese	
Percentage of adults overweight or obese	
Percentage of adults who participated in leisure time physical activity in the past 30 days	
Percentage of adults who consume one or more sugary drinks daily Percentage of adults who consume fast-food three or more times per week	
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Percentage of adults with physician diagnosed diabetes	
Percentage of adults who are current smokers	
Percentage of adults with annual household income less than \$25,000 who are current smokers	
Percentage of adults aged 18-24 years who are current smokers	
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based	
guidelines	
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening base	
guidelines	
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### **General Description**

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

#### **Reported Health Indicators**

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

#### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

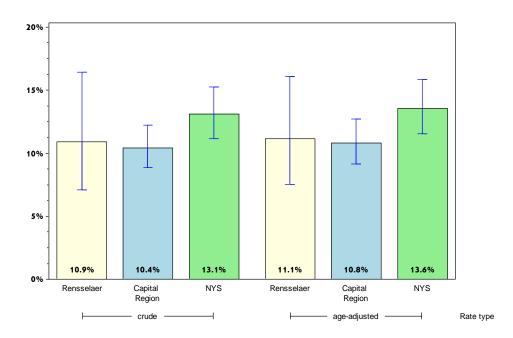
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

#### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



#### Rensselaer County

#### **Capital Region**

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,771	10.9	(7.1-16.4)	78,780	10.4	(8.9-12.2)
Age	13,771	10.5	(7.1 10.4)	70,700	10.4	(0.3 12.2)
•		#		0.000	0.5	(
18-24		#		9,000	9.5	(5.8-15.1)
25-34	5,249	20.8^	(8.0-44.1)	21,597	17.3	(12.2-23.9)
35-44		#		12,616	11.0	(7.4-16.0)
45-64	3,347	7.6	(4.4-12.8)	29,082	11.0	(8.6-14.1)
65+		#		6,173	4.3	(2.9-6.2)
Race						
White, NH	9,957	8.9	(5.1-15.2)	61,538	9.6	(7.9-11.5)
Black, NH		#		5,810	15.6	(10.2-23.1)
Hispanic		#		6,161	24.0	(16.3-33.9)
Other, NH		#		5,270	10.6^	(4.3-24.0)
Sex						
male	7,966	12.9^	(6.4-24.1)	35,709	9.7	(7.5-12.5)
female	5,805	9.0	(6.2-12.9)	43,071	11.1	(9.0-13.6)
Age-adjusted <sup>&amp;</sup>		11.1	(7.6-16.1)		10.8	(9.2-12.7)

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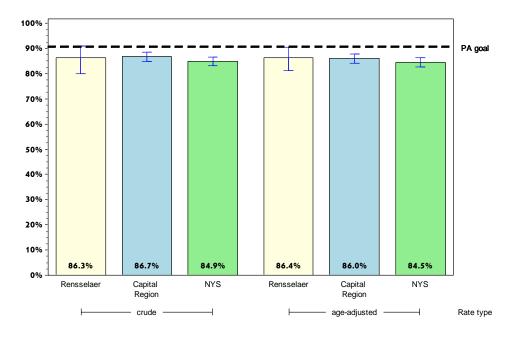
\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



#### **Rensselaer County**

#### **Capital Region**

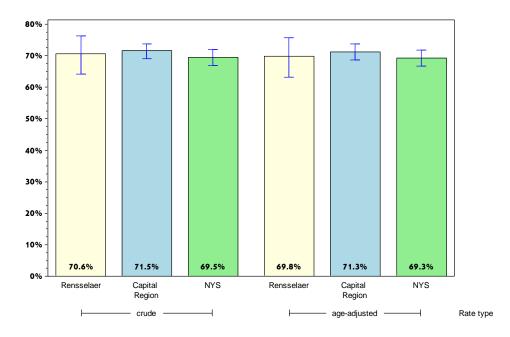
	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	109,206	86.3	(80.0-90.8)	655,372	86.7	(84.8-88.4)
Age						
18-24		#		69,621	73.2	(64.4-80.5)
25-34	17,814	69.1^	(47.4-84.7)	89,783	71.5	(64.8-77.5)
35-44	17,797	92.7	(85.3-96.5)	102,018	88.6	(84.5-91.7)
45-64	41,089	93.7	(86.5-97.2)	241,515	92.1	(89.9-93.9)
65+	21,911	95.7	(91.7-97.8)	140,729	97.2	(96.0-98.1)
Race						
White, NH	96,530	86.3	(79.2-91.3)	563,297	87.5	(85.5-89.3)
Black, NH		#		27,716	74.9^	(61.2-85.0)
Hispanic		#		20,329	79.8	(71.9-86.0)
Other, NH		#		44,030	88.6	(81.8-93.0)
Sex						
male	52,211	84.1	(73.6-91.0)	296,915	81.0	(77.7-84.0)
female	56,996	88.4	(80.1-93.5)	358,457	92.0	(90.1-93.6)
Age-adjusted <sup>&amp;</sup>		86.4	(81.1-90.4)		86.0	(84.1-87.8)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



#### **Rensselaer County**

#### **Capital Region**

	Est. # of	<b>.</b> .	050/ 01	Est. # of	<b>.</b> .	050/ 01
г	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	82,544	70.6	(64.2-76.3)	503,799	71.5	(69.1-73.8)
Age						
18-24		#		60,059	72.7^	(61.6-81.5)
25-34	16,406	70.4^	(48.5-85.7)	80,087	68.6	(61.6-75.0)
35-44	12,238	67.5^	(49.3-81.7)	80,262	72.9	(66.8-78.3)
45-64	30,193	72.2	(62.7-80.1)	183,034	73.5	(69.8-76.8)
65+	13,867	67.4	(57.5-76.0)	90,249	67.0	(63.2-70.7)
Race						
White, NH	75,850	73.0	(66.2-78.8)	436,972	72.6	(70.0-75.0)
Black, NH		#		17,633	53.0^	(40.6-64.9)
Hispanic		#		14,975	67.1^	(56.8-76.0)
Other, NH		#		34,218	73.1^	(60.5-82.7)
Sex						
male	34,433	61.8^	(51.0-71.5)	231,254	67.5	(63.6-71.1)
female	48,110	78.7	(72.6-83.7)	272,544	75.4	(72.6-78.0)
Age-adjusted <sup>&amp;</sup>		69.8	(63.2-75.8)		71.3	(68.7-73.7)

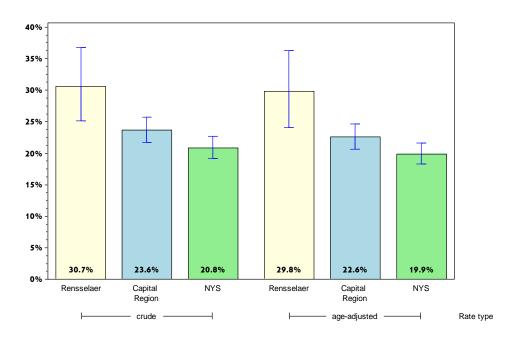
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability\*



#### Rensselaer County

#### **Capital Region**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	38,132	30.7	(25.1-36.8)	175,208	23.6	(21.7-25.7)
Age						
18-24		#		8,717	9.4	(5.9-14.5)
25-34	8,075	32.6^	(16.7-53.9)	20,013	16.5	(11.4-23.4)
35-44	5,115	26.8^	(13.4-46.4)	18,192	16.2	(12.0-21.5)
45-64	12,890	29.6	(22.7-37.6)	74,792	28.8	(25.5-32.3)
65+	9,466	42.4	(33.3-52.0)	51,545	36.3	(32.6-40.1)
Race						
White, NH	33,750	30.7	(24.8-37.4)	152,818	24.2	(22.1-26.4)
Black, NH		#		8,407	23.4	(16.1-32.7)
Hispanic		#		6,619	26.5^	(18.4-36.7)
Other, NH		#		7,364	14.9^	(8.4-25.1)
Sex						
male	19,614	32.4	(23.2-43.2)	83,089	23.2	(20.3-26.4)
female	18,518	29.0	(23.4-35.3)	92,118	24.1	(21.6-26.8)
Age-adjusted <sup>&amp;</sup>		29.8	(24.1-36.3)		22.6	(20.6-24.6)

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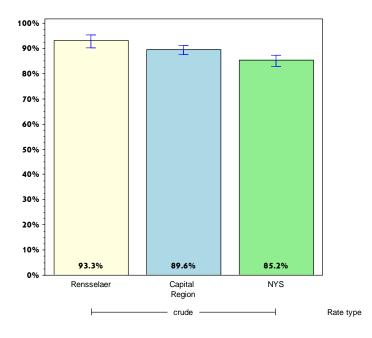
\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Rensselaer County			Capital Region		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	94,378	93.3	(90.1-95.4)	534,574	89.6	(87.6-91.2)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	83,668	94.5	(91.5-96.5)	453,130	90.5	(88.4-92.3)
Black, NH		#		27,834	87.0	(77.3-93.0)
Hispanic		#		16,505	68.9^	(57.4-78.4)
Other, NH		#		37,106	91.8^	(79.9-96.9)
Sex						
male	47,809	91.8	(86.2-95.2)	262,286	87.7	(84.6-90.2)
female	46,569	94.8	(91.1-97.1)	272,288	91.5	(88.8-93.5)
Age-adjusted <sup>+,&amp;</sup>						

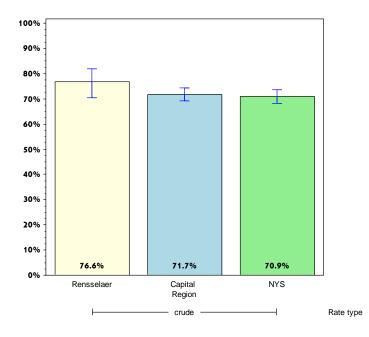
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Rensselaer County			Capital Region		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	77,364	76.6	(70.4-81.9)	426,846	71.7	(69.1-74.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	67,693	76.4	(69.6-82.1)	350,182	70.2	(67.3-73.0)
Black, NH		#		25,151	78.0^	(67.5-85.8)
Hispanic		#		17,511	72.3	(62.4-80.4)
Other, NH		#		34,002	85.1	(76.5-91.0)
Sex						
male	36,294	69.9^	(59.7-78.5)	198,036	66.4	(62.4-70.2)
female	41,070	83.7	(76.7-88.9)	228,809	77.1	(73.6-80.3)
Age-adjusted <sup>+,&amp;</sup>						

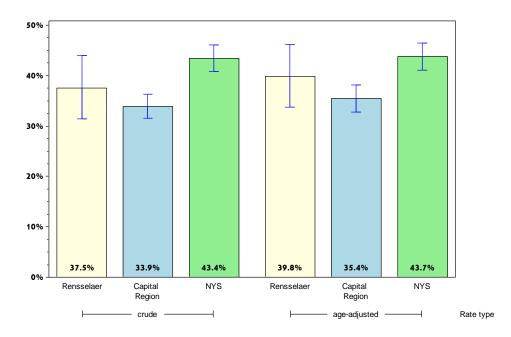
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
r	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	42,434	37.5	(31.5-44.0)	227,646	33.9	(31.5-36.4)
Age						
18-24		#		25,551	37.1	(27.3-48.2)
25-34	12,984	61.7^	(43.0-77.5)	46,389	43.5	(36.8-50.5)
35-44	7,987	43.8^	(28.7-60.1)	44,836	41.9	(35.5-48.6)
45-64	12,772	30.1	(22.5-38.9)	84,567	34.2	(30.7-38.0)
65+	3,857	19.1	(12.6-28.0)	25,225	19.1	(16.3-22.3)
Race						
White, NH	33,927	33.9	(27.6-40.9)	186,009	32.2	(29.7-34.9)
Black, NH		#		16,688	57.1^	(47.0-66.6)
Hispanic		#		10,980	49.7^	(39.3-60.2)
Other, NH		#		13,970	32.2	(21.0-46.0)
Sex						
male	19,650	35.4^	(25.3-46.9)	100,235	31.3	(27.8-35.0)
female	22,783	39.6	(33.2-46.5)	127,411	36.3	(33.1-39.6)
Age-adjusted <sup>&amp;</sup>		39.8	(33.8-46.3)		35.4	(32.8-38.1)

1

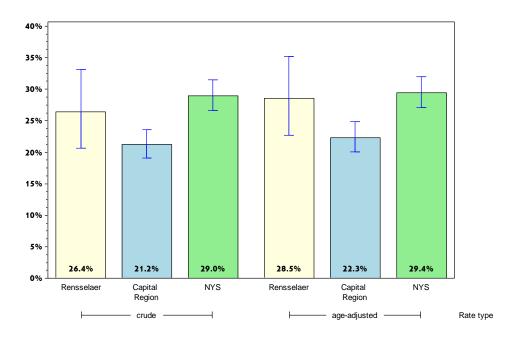
\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	31,638	26.4	(20.6-33.2)	153,218	21.2	(19.1-23.6)
Age						
18-24		#		23,761	27.0	(19.2-36.7)
25-34	9,636	40.1^	(23.1-59.9)	30,679	25.7	(20.3-32.0)
35-44	6,601	35.9^	(21.1-54.0)	31,379	28.4	(22.6-35.1)
45-64	7,555	17.8	(11.3-26.9)	54,262	21.4	(18.0-25.1)
65+	2,380	11.3	(6.3-19.2)	12,444	9.0	(6.9-11.6)
Race						
White, NH	25,344	23.9	(17.9-31.0)	117,239	19.0	(16.9-21.2)
Black, NH		#		13,625	39.9^	(28.9-52.1)
Hispanic		#		8,032	34.9^	(25.9-45.1)
Other, NH		#		14,323	30.8^	(17.5-48.2)
Sex						
male	15,306	26.8	(17.2-39.3)	66,917	19.2	(15.9-23.0)
female	16,332	26.1	(20.3-32.8)	86,301	23.2	(20.5-26.1)
Age-adjusted <sup>&amp;</sup>		28.5	(22.7-35.2)		22.3	(20.0-24.8)

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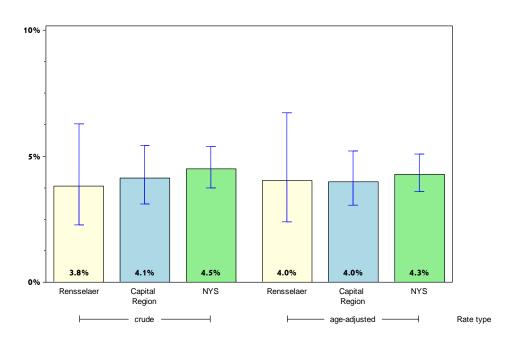
\* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



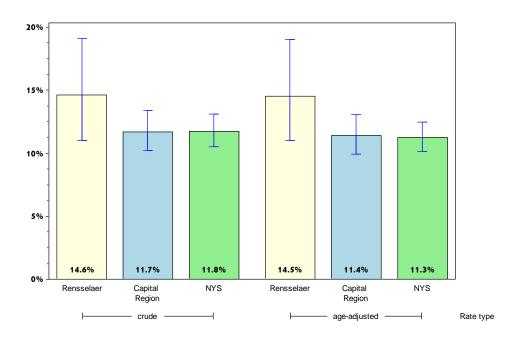
	Rensselaer County			Capital Region		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,797	3.8	(2.3-6.3)	31,086	4.1	(3.1-5.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		4,002	3.5	(1.9-6.5)
45-64		#		15,190	5.8	(3.6-9.2)
65+		#		8,158	5.7	(4.1-7.8)
Race						
White, NH	3,159	2.8	(1.6-5.0)	21,951	3.4	(2.6-4.5)
Black, NH		#		3,013	8.1	(3.9-16.2)
Hispanic		#			#	
Other, NH		#		5,390	$10.8^{\circ}$	(3.7-27.7)
Sex						
male	2,605	4.2	(2.1-8.4)	12,669	3.5	(2.2-5.4)
female	2,192	3.4	(1.6-7.0)	18,417	4.7	(3.3-6.7)
Age-adjusted <sup>&amp;</sup>		4.0	(2.4-6.7)		4.0	(3.0-5.2)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



#### Rensselaer County

#### **Capital Region**

	Est. # of	_		Est. # of		
г	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	18,029	14.6	(11.0-19.1)	86,530	11.7	(10.2-13.4)
Age						
18-24		#		6,770	7.2	(3.3-14.8)
25-34		#		7,049	5.8	(3.7-8.9)
35-44		#		11,350	9.9	(6.8-14.3)
45-64	6,578	15.2	(9.0-24.6)	36,240	14.2	(11.4-17.4)
65+	4,954	22.6	(15.2-32.2)	24,874	17.8	(14.8-21.3)
Race						
White, NH	14,690	13.4	(10.1-17.6)	67,869	10.8	(9.5-12.2)
Black, NH		#		9,363	25.8^	(14.7-41.2)
Hispanic		#		2,326	9.8	(4.9-18.7)
Other, NH		#		6,972	14.1^	(6.0-29.7)
Sex						
male	7,486	12.5	(7.5-20.1)	36,753	10.2	(8.0-12.9)
female	10,543	16.6	(12.1-22.4)	49,778	13.1	(11.2-15.3)
Age-adjusted <sup>&amp;</sup>		14.5	(11.0-19.0)		11.4	(9.9-13.1)

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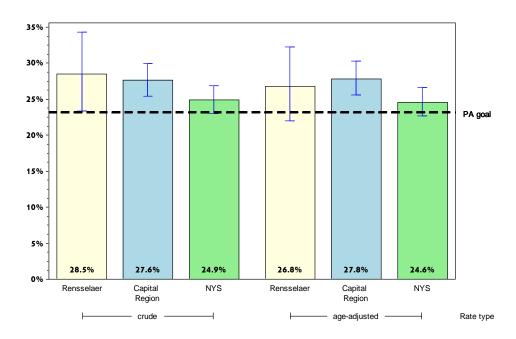
\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who are obese\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	34,104	28.5	(23.3-34.3)	196,015	27.6	(25.5-29.9)
Age						
18-24		#		12,899	14.4	(8.4-23.4)
25-34	8,295	34.8^	(18.7-55.3)	27,900	24.7	(19.0-31.4)
35-44	3,055	16.7^	(9.3-28.3)	36,257	33.5	(27.6-40.0)
45-64	13,903	32.8	(25.5-41.0)	84,116	33.3	(29.8-37.0)
65+	6,665	31.7	(23.5-41.2)	33,329	24.5	(21.4-27.9)
Race						
White, NH	31,363	29.5	(23.9-35.8)	167,713	27.7	(25.4-30.1)
Black, NH		#		12,819	38.0^	(27.3-50.1)
Hispanic		#		6,873	28.0	(20.4-37.1)
Other, NH		#		8,610	18.6^	(10.1-31.8)
Sex						
male	17,343	28.6	(20.5-38.3)	98,578	27.4	(24.2-30.7)
female	16,761	28.4	(22.6-35.0)	97,437	27.9	(24.9-31.1)
Age-adjusted <sup>&amp;</sup>		26.8	(22.0-32.3)		27.8	(25.6-30.3)

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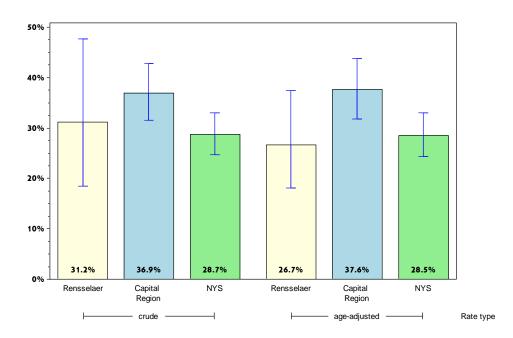
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Ren	sselaer Co	unty	Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,296	31.2^	(18.4-47.7)	54,587	36.9	(31.5-42.8)
Age						
18-24		#		3,020	17.4	(8.4-32.5)
25-34		#		10,222	39.3^	(24.9-55.8)
35-44		#		7,713	41.2	(25.5-58.9)
45-64		#		23,403	48.3^	(38.0-58.8)
65+		#		10,229	27.6	(21.5-34.7)
Race						
White, NH	7,435	31.5^	(16.8-51.1)	41,621	36.5	(30.4-43.0)
Black, NH		#		4,238	36.2	(22.1-53.2)
Hispanic		#		2,717	28.5^	(16.7-44.3)
Other, NH		#			#	
Sex						
male		#		20,376	30.7	(22.4-40.6)
female	3,459	26.8^	(16.4-40.5)	34,212	42.0	(35.0-49.3)
Age-adjusted <sup>&amp;</sup>		26.7^	(18.1-37.4)		37.6	(31.8-43.7)

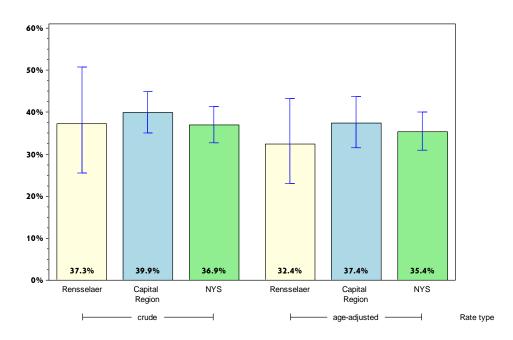
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults living with a disability who are obese\*



# Rensselaer County

#### **Capital Region**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	13,294	37.3^	(25.6-50.8)	65,790	39.9	(35.1-45.0)
Age						
18-24		#			#	
25-34		#		7,184	38.8^	(19.6-62.4)
35-44		#		7,077	41.0^	(26.7-56.9)
45-64	4,038	34.5^	(22.3-49.2)	33,361	46.8	(39.6-54.2)
65+	3,931	42.1	(29.0-56.5)	17,293	35.7	(29.7-42.3)
Race						
White, NH	11,378	36.2^	(23.6-51.0)	55,500	38.7	(33.6-44.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,942	36.8^	(18.4-60.0)	30,702	37.8	(30.6-45.6)
female	6,352	37.9^	(27.2-49.9)	35,087	42.0	(35.7-48.5)
Age-adjusted <sup>&amp;</sup>		32.4^	(23.1-43.2)		37.4	(31.6-43.7)

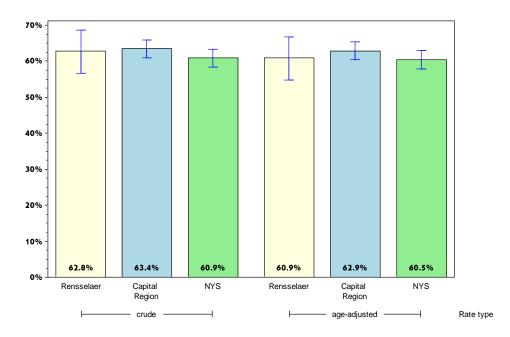
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults overweight or obese\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	75,146	62.8	(56.7-68.5)	449,862	63.4	(60.9-65.8)
Age						
18-24		#		36,543	40.7	(31.2-51.1)
25-34	15,408	64.6^	(45.1-80.3)	65,156	57.7	(51.1-64.0)
35-44	8,496	46.5^	(32.0-61.7)	71,436	66.1	(59.8-71.8)
45-64	31,218	73.6	(66.0-80.1)	182,293	72.2	(68.8-75.3)
65+	13,117	62.3	(52.2-71.5)	88,147	64.8	(60.7-68.6)
Race						
White, NH	67,258	63.2	(56.7-69.3)	381,643	63.1	(60.5-65.6)
Black, NH		#		25,401	75.3	(65.7-83.0)
Hispanic		#		17,407	70.9^	(60.2-79.7)
Other, NH		#		25,411	55.0^	(40.4-68.8)
Sex						
male	42,336	69.7	(60.4-77.7)	249,199	69.2	(65.4-72.7)
female	32,810	55.6	(48.0-63.0)	200,663	57.5	(54.1-60.8)
Age-adjusted <sup>&amp;</sup>		60.9	(54.8-66.7)		62.9	(60.4-65.3)

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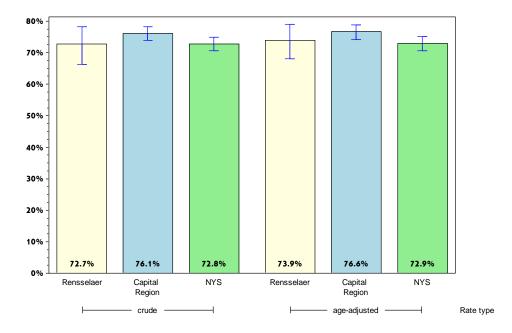
\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	88,491	72.7	(66.3-78.2)	556,553	76.1	(73.9-78.2)
Age						
18-24		#		75,199	82.7	(71.5-90.1)
25-34	15,540	65.0^	(43.3-81.9)	94,246	78.5	(71.7-84.0)
35-44	16,083	86.4	(76.9-92.3)	88,206	79.6	(73.8-84.3)
45-64	30,569	70.8	(61.3-78.8)	196,559	76.2	(72.8-79.3)
65+	14,271	66.7	(56.9-75.3)	93,338	66.8	(62.9-70.4)
Race						
White, NH	79,763	73.9	(67.3-79.7)	479,185	76.6	(74.2-78.8)
Black, NH		#		24,322	71.4^	(59.7-80.9)
Hispanic		#		17,336	72.5^	(60.3-82.1)
Other, NH		#		35,711	75.0^	(63.2-84.0)
Sex						
male	42,250	71.8^	(60.3-80.9)	272,326	76.8	(73.1-80.1)
female	46,241	73.5	(67.0-79.1)	284,227	75.6	(72.8-78.1)
Age-adjusted <sup>&amp;</sup>		73.9	(68.1-79.0)		76.6	(74.2-78.8)

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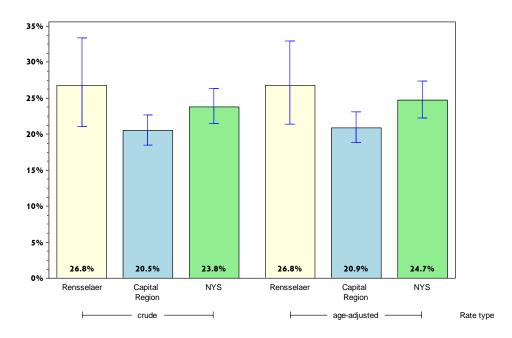
\* Any physical activities or exercises such as running or walking

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	31,612	26.8	(21.0-33.4)	146,058	20.5	(18.5-22.7)
Age						
18-24		#		28,523	32.9	(24.4-42.8)
25-34	9,132	37.8^	(20.6-58.7)	36,519	31.0	(24.6-38.1)
35-44	3,654	20.2^	(11.6-32.8)	18,018	16.3	(12.6-20.9)
45-64	10,437	24.8^	(16.9-34.9)	42,321	16.9	(14.4-19.8)
65+	4,227	20.4	(13.5-29.8)	18,870	13.9	(11.5-16.7)
Race						
White, NH	24,212	23.1	(17.3-30.2)	121,145	19.9	(17.8-22.3)
Black, NH		#		10,242	30.3^	(20.6-42.2)
Hispanic		#		8,727	38.5^	(29.0-49.0)
Other, NH		#		5,944	12.5	(7.4-20.3)
Sex						
male	17,467	30.8^	(21.7-41.7)	84,851	24.6	(21.5-28.0)
female	14,146	23.0	(16.6-31.0)	61,207	16.7	(14.2-19.5)
Age-adjusted <sup>&amp;</sup>		26.8	(21.4-32.9)		20.9	(18.8-23.1)

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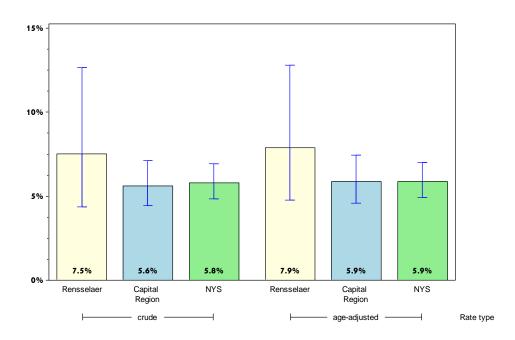
\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

### Percentage of adults who consume fast-food three or more times per week



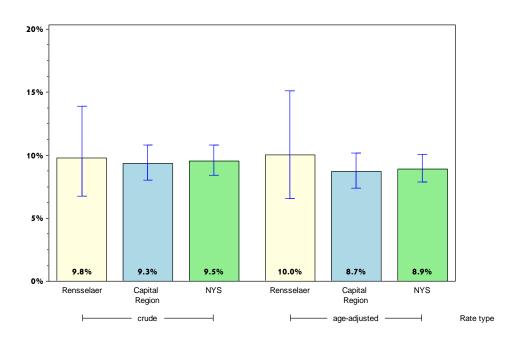
	Rensselaer County			Capital Region		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,816	7.5	(4.4-12.6)	39,790	5.6	(4.4-7.1)
Age						
18-24		#		8,329	9.7	(5.1-17.5)
25-34		#		11,200	9.6	(5.7-15.5)
35-44		#		5,776	5.3	(3.2-8.5)
45-64		#		10,867	4.4	(2.9-6.5)
65+		#		3,146	2.3	(1.5-3.6)
Race						
White, NH	6,211	6.0	(3.3-10.6)	31,483	5.2	(4.1-6.6)
Black, NH		#		5,232	15.8^	(6.0-35.5)
Hispanic		#		2,006	9.0	(5.0-15.8)
Other, NH		#			#	
Sex						
male	6,913	12.3	(6.4-22.3)	31,282	9.1	(6.9-12.0)
female	1,903	3.1	(1.4-6.8)	8,509	2.3	(1.7-3.3)
Age-adjusted <sup>&amp;</sup>		7.9	(4.8-12.8)		5.9	(4.6-7.4)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes\*



# Rensselaer County

**Capital Region** 

	Est. # of	Deveent		Est. # of	Dersont	
Г	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	12,372	9.8	(6.8-13.9)	70,730	9.3	(8.0-10.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		8,295	7.2	(3.8-13.1)
45-64	3,458	7.9	(4.8-12.6)	27,350	10.4	(8.0-13.3)
65+	5,167	22.6	(15.3-31.9)	32,001	22.1	(18.9-25.7)
Race						
White, NH	10,581	9.4	(6.3-14.0)	56,938	8.8	(7.6-10.2)
Black, NH		#		5,143	13.9	(8.7-21.3)
Hispanic		#		2,015	7.9	(4.6-13.0)
Other, NH		#		6,634	13.3^	(5.6-28.3)
Sex						
male	7,146	11.5	(6.6-19.2)	40,032	10.9	(8.7-13.5)
female	5,227	8.1	(5.2-12.3)	30,698	7.9	(6.5-9.4)
Age-adjusted <sup>&amp;</sup>		10.0	(6.5-15.1)		8.7	(7.4-10.2)

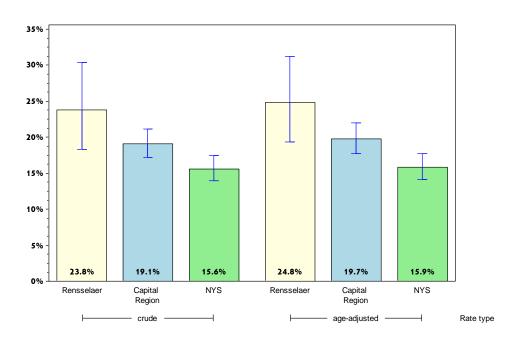
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who are current smokers



#### Rensselaer County

#### **Capital Region**

	Est. # of			Est. # of		
r	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	29,431	23.8	(18.3-30.3)	141,063	19.1	(17.2-21.2)
Age						
18-24		#		18,990	20.7	(14.6-28.6)
25-34	9,966	41.2	(23.8-61.2)	31,739	26.0	(20.4-32.5)
35-44	5,505	29.0^	(15.4-47.9)	24,107	21.5	(16.4-27.8)
45-64	8,326	19.0	(13.6-26.0)	55,144	21.2	(18.3-24.4)
65+	2,259	10.3	(5.9-17.4)	10,388	7.4	(5.4-10.0)
Race						
White, NH	26,628	24.4	(18.4-31.6)	117,876	18.7	(16.7-20.9)
Black, NH		#		7,493	21.5	(14.8-30.2)
Hispanic		#		8,467	34.6^	(24.9-45.8)
Other, NH		#		7,227	14.7^	(8.0-25.4)
Sex						
male	16,334	27.5^	(18.6-38.5)	75,766	21.1	(18.2-24.4)
female	13,097	20.4	(14.5-28.0)	65,298	17.2	(14.8-19.8)
Age-adjusted <sup>&amp;</sup>		24.8	(19.3-31.2)		19.7	(17.7-22.0)

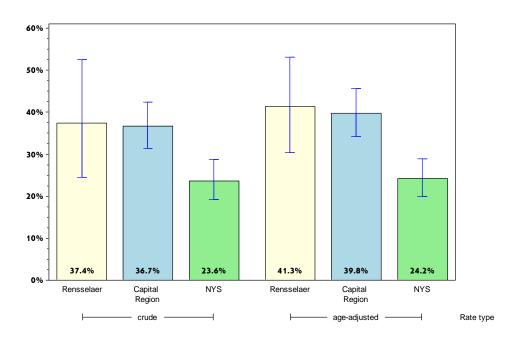
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



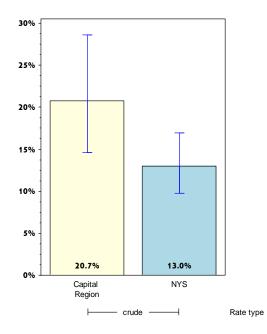
	Ren	sselaer Co	unty	Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,442	37.4^	(24.4-52.4)	56,135	36.7	(31.4-42.3)
Age						
18-24		#		5,940	34.3^	(21.7-49.4)
25-34		#		14,236	52.5^	(38.9-65.8)
35-44		#		10,218	51.2^	(35.3-66.7)
45-64		#		20,764	41.1^	(31.8-51.1)
65+		#		4,979	13.3	(8.1-21.0)
Race						
White, NH	9,709	41.3^	(26.2-58.3)	43,833	37.2	(31.3-43.6)
Black, NH		#		3,373	25.7^	(14.8-40.8)
Hispanic		#		4,581	47.6^	(31.2-64.5)
Other, NH		#			#	
Sex						
male		#		30,330	46.8	(38.0-55.7)
female	3,952	27.4^	(16.9-41.2)	25,806	29.3	(23.5-35.9)
Age-adjusted <sup>&amp;</sup>		41.3^	(30.4-53.1)		39.8	(34.2-45.6)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Rensselaer County			Capital Region		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> Age⁺ 18-24		#		18,990	20.7	(14.6-28.6)
25-34 35-44 45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>		# # #		16,226	22.0 # # #	(14.9-31.2)
sex male female Age-adjusted <sup>+,&amp;</sup>		# #		9,187 9,803	17.5 25.0 <sup>^</sup>	(10.9-27.0) (14.9-38.8)

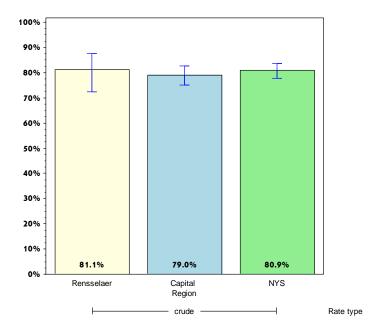
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines<sup>\*</sup>



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	Rensselaer County			Capital Region		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64	19,418	81.1	(72.4-87.5)	110,971	79.0	(75.0-82.5)
65+ <b>Race</b> White, NH Black, NH Hispanic Other, NH <b>Sex</b>	18,234	80.8 # # #	(71.7-87.4)	100,353	78.7 # # #	(74.5-82.4)
male female Age-adjusted <sup>+,&amp;</sup>	19,418	# 81.1	(72.4-87.5)	110,971	# 79.0	(75.0-82.5)

\* Mammogram within past 2 years.

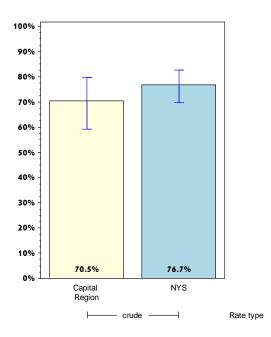
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines<sup>\*</sup>



	Rensselaer County			Capital Region			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>		#		21,656	70.5^	(59.2-79.7)	
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female		# # # #		16,285 21,656	66.3 <sup>^</sup> # # # 70.5 <sup>^</sup>	(53.7-76.9) (59.2-79.7)	
Age-adjusted <sup>+,&amp;</sup>							

\* Mammogram within past 2 years.

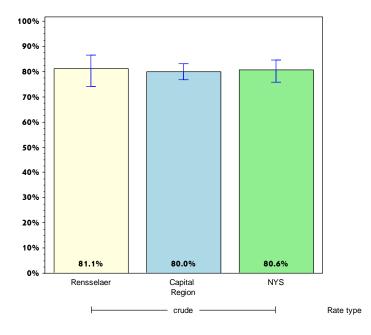
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> Age⁺ 18-24	38,123	81.1	(74.1-86.7)	218,954	80.0	(76.6-83.0)
25-34 35-44 45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	34,803	83.1 # # #	(75.6-88.6)	189,224 10,116 6,537 13,077	81.8 74.0 <sup>^</sup> 74.3 <sup>^</sup> 65.6 <sup>^</sup>	(78.5-84.8) (54.2-87.3) (52.7-88.2) (44.1-82.1)
male female <b>Age-adjusted</b> +,&	38,123	# 81.1	(74.1-86.7)	218,954	# 80.0	(76.6-83.0)

\* Pap test within past 3 years.

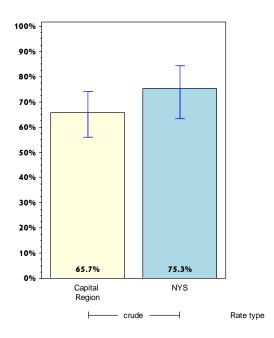
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Rensselaer County			Capital Region			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
<b>Total</b> Age⁺ 18-24		#		38,085	65.7	(56.0-74.2)	
25-34 35-44 45-64 65+ <b>Race</b>							
White, NH Black, NH Hispanic Other, NH <b>Sex</b>		# # #		29,878	69.6 # # #	(59.7-77.9)	
male female Age-adjusted <sup>+,&amp;</sup>		# #		38,085	# 65.7	(56.0-74.2)	

\* Pap test within past 3 years.

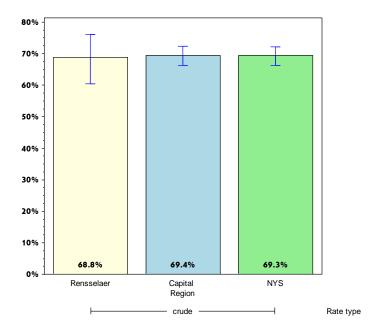
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,768	68.8	(60.4-76.2)	187,405	69.4	(66.3-72.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	27,790	69.7	(62.0-76.4)	167,485	70.0	(66.9-73.0)
Black, NH		#		5,819	57.4^	(37.3-75.2)
Hispanic		#			#	
Other, NH		#		10,135	69.0^	(45.3-85.6)
Sex						
male	13,220	64.7^	(50.3-76.9)	86,398	67.2	(62.2-71.9)
female	17,548	72.3	(62.6-80.2)	101,007	71.5	(67.5-75.1)
Age-adjusted <sup>+,&amp;</sup>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

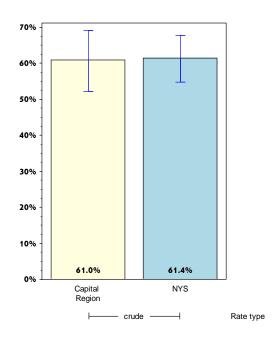
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		33,685	61.0	(52.1-69.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		26,261	62.3	(53.5-70.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		11,885	49.3^	(35.9-62.9)
female		#		21,800	70.0	(60.2-78.3)
Age-adjusted <sup>+,&amp;</sup>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

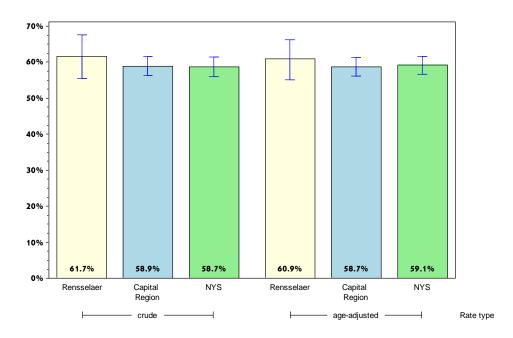
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	66,653	61.7	(55.4-67.5)	387,390	58.9	(56.3-61.5)
Age						
18-24		#		27,483	30.4	(21.5-41.0)
25-34	14,005	58.6^	(40.4-74.7)	62,651	51.6	(45.0-58.1)
35-44	9,455	60.9^	(48.2-72.3)	60,615	58.6	(51.9-65.0)
45-64	26,977	71.2	(61.9-78.9)	154,280	69.2	(65.5-72.7)
65+	12,548	74.3^	(63.3-82.9)	74,984	69.3	(65.0-73.3)
Race						
White, NH	60,432	63.4	(56.7-69.6)	336,654	60.0	(57.3-62.7)
Black, NH		#		18,952	60.5^	(46.6-73.0)
Hispanic		#		11,998	53.0^	(41.9-63.8)
Other, NH		#		19,787	46.7	(32.5-61.4)
Sex						
male	31,990	60.0	(50.0-69.2)	181,844	57.7	(53.8-61.6)
female	34,663	63.2	(55.7-70.2)	205,546	60.0	(56.5-63.5)
Age-adjusted <sup>&amp;</sup>		60.9	(55.2-66.3)		58.7	(56.1-61.3)

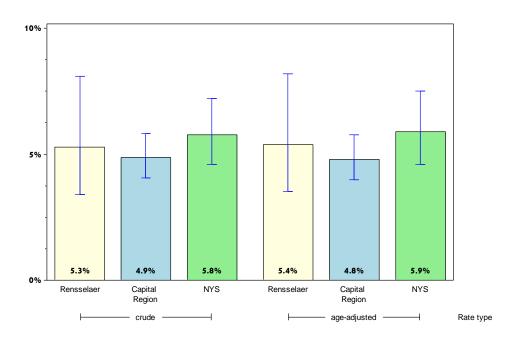
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



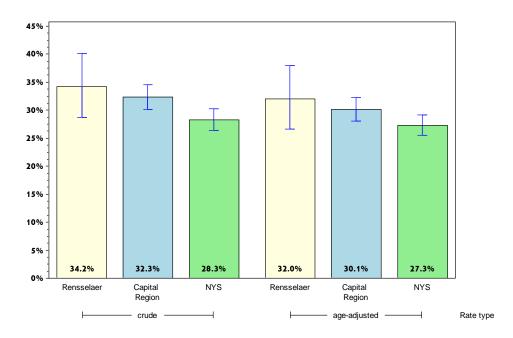
	Rensselaer County			Capital Region		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,903	5.3	(3.4-8.1)	33,014	4.9	(4.0-5.8)
Age						
18-24		#			#	
25-34		#		3,641	2.9	(1.7-5.1)
35-44		#		3,857	3.6	(2.0-6.4)
45-64	2,466	6.4	(3.0-13.1)	13,796	5.9	(4.5-7.8)
65+	1,654	9.7	(4.7-18.8)	10,296	9.3	(6.9-12.4)
Race						
White, NH	5,333	5.4	(3.4-8.5)	26,899	4.6	(3.8-5.6)
Black, NH		#		2,420	7.6	(3.6-15.2)
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,391	4.5	(2.1-9.6)	16,246	5.0	(3.9-6.5)
female	3,512	6.0	(3.6-9.7)	16,768	4.7	(3.7-6.0)
Age-adjusted <sup>&amp;</sup>		5.4	(3.5-8.2)		4.8	(4.0-5.8)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



#### **Rensselaer County**

#### **Capital Region**

	Est. # of	<b>-</b> .		Est. # of	<b>-</b> .	
г	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	43,225	34.2	(28.7-40.1)	243,986	32.3	(30.1-34.6)
Age						
18-24		#		4,516	4.8	(1.7-12.9)
25-34	5,216	20.2^	(7.7-43.5)	17,383	13.8	(9.4-19.9)
35-44	4,658	24.3^	(11.7-43.7)	26,620	23.1	(18.0-29.1)
45-64	18,144	41.4	(32.8-50.5)	100,694	38.3	(34.7-42.1)
65+	14,146	62.4	(53.1-70.9)	88,328	61.4	(57.5-65.1)
Race						
White, NH	38,032	34.0	(28.2-40.3)	209,708	32.6	(30.4-35.0)
Black, NH		#		16,696	44.7^	(33.4-56.6)
Hispanic		#		5,472	21.3	(14.7-30.0)
Other, NH		#		12,111	24.3	(13.7-39.3)
Sex						
male	25,519	41.1	(31.9-51.0)	133,745	36.5	(33.0-40.1)
female	17,706	27.5	(22.1-33.5)	110,242	28.4	(25.7-31.2)
Age-adjusted <sup>&amp;</sup>		32.0	(26.6-37.9)		30.1	(28.0-32.3)

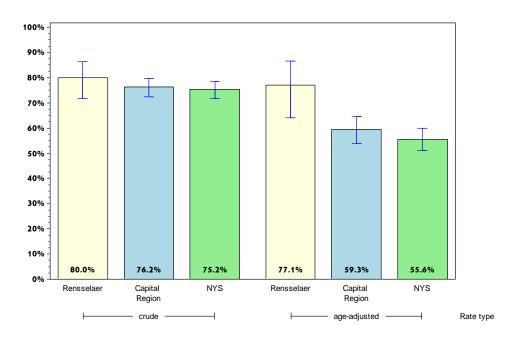
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



#### Rensselaer County

**Capital Region** 

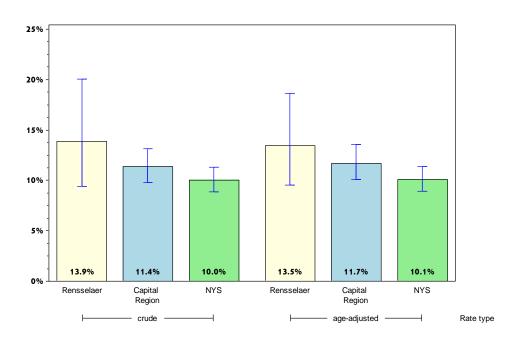
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,199	80.0	(71.6-86.4)	184,933	76.2	(72.5-79.6)
Age						
18-24		#			#	
25-34		#		6,283	36.1^	(17.2-60.7)
35-44		#		16,792	63.1^	(49.8-74.6)
45-64	13,744	77.7^	(62.8-87.9)	76,505	76.4	(70.5-81.4)
65+	12,750	90.1^	(78.9-95.7)	79,451	90.6	(87.3-93.1)
Race						
White, NH	30,383	80.9	(71.9-87.5)	158,180	75.9	(72.1-79.4)
Black, NH		#		12,368	74.1^	(47.5-90.0)
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	19,661	78.5^	(65.2-87.6)	99,560	75.2	(69.6-80.1)
female	14,537	82.1^	(72.0-89.1)	85,373	77.5	(72.4-81.9)
Age-adjusted <sup>&amp;</sup>		77.1^	(64.0-86.5)		59.3	(53.7-64.6)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with current asthma\*



#### Rensselaer County

**Capital Region** 

	Refisience county			cupital hegion		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,588	13.9	(9.4-20.0)	85,825	11.4	(9.8-13.1)
Age						
18-24		#		8,015	8.5	(5.1-13.6)
25-34	7,003	27.4^	(12.2-50.8)	21,480	17.1	(11.8-24.3)
35-44		#		14,809	12.8	(9.2-17.6)
45-64	5,197	11.9	(7.6-18.1)	29,947	11.4	(9.1-14.2)
65+	2,096	9.2	(5.2-15.7)	10,717	7.4	(5.9-9.4)
Race						
White, NH	16,994	15.2	(10.2-22.0)	72,459	11.3	(9.6-13.2)
Black, NH		#		5,334	14.5^	(7.6-25.7)
Hispanic		#		3,520	13.8	(8.0-22.9)
Other, NH		#		4,512	9.0^	(4.0-19.1)
Sex						
male	6,287	10.1^	(4.4-21.6)	34,052	9.3	(7.2-11.9)
female	11,301	17.5	(11.8-25.3)	51,772	13.3	(11.2-15.8)
Age-adjusted <sup>&amp;</sup>		13.5	(9.6-18.7)		11.7	(10.1-13.6)

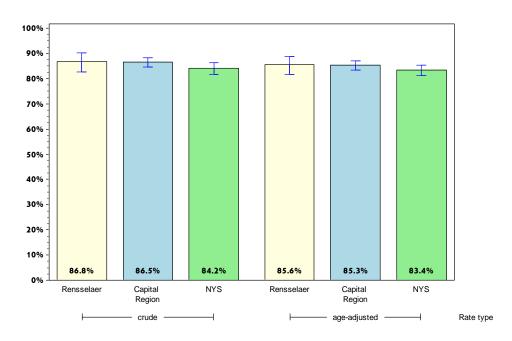
\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percent of adults with cholesterol checked\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
г	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	106,666	86.8	(82.7-90.1)	639,140	86.5	(84.7-88.2)
Age						
18-24		#		44,907	50.1^	(39.8-60.5)
25-34	18,385	74.5^	(59.8-85.1)	89,079	74.8	(69.7-79.3)
35-44	16,049	94.4	(88.3-97.4)	100,962	90.2	(86.2-93.1)
45-64	43,052	98.2	(94.8-99.4)	252,435	96.6	(94.9-97.8)
65+	21,917	96.7	(91.5-98.8)	139,365	96.8	(95.2-97.9)
Race						
White, NH	96,179	88.6	(84.3-91.9)	550,269	87.4	(85.4-89.1)
Black, NH		#		30,769	84.0	(74.9-90.3)
Hispanic		#		18,164	74.0	(64.3-81.8)
Other, NH		#		39,939	83.5^	(73.4-90.3)
Sex						
male	51,736	87.0	(80.1-91.7)	304,962	85.4	(82.7-87.7)
female	54,931	86.7	(81.1-90.8)	334,177	87.6	(84.9-89.8)
Age-adjusted <sup>&amp;</sup>		85.6	(81.6-88.8)		85.3	(83.3-87.0)

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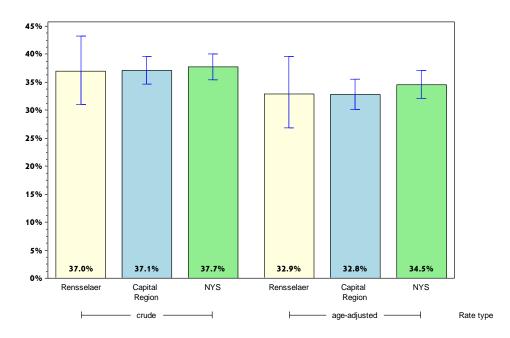
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
r	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	39,271	37.0	(31.1-43.3)	235,112	37.1	(34.6-39.6)
Age						
18-24		#		5,953	13.3^	(4.8-31.8)
25-34		#		16,241	18.2	(12.4-26.0)
35-44	3,632	22.6^	(14.0-34.5)	24,632	24.4	(19.4-30.3)
45-64	17,665	41.1	(32.7-50.1)	109,820	43.9	(40.1-47.7)
65+	12,022	55.6^	(45.5-65.1)	74,721	54.5	(50.5-58.4)
Race						
White, NH	35,303	36.9	(30.8-43.4)	203,433	37.3	(34.8-39.8)
Black, NH		#		10,346	33.6^	(23.0-46.2)
Hispanic		#		7,318	40.6^	(29.2-53.1)
Other, NH		#		14,016	35.1^	(21.2-52.1)
Sex						
male	19,258	37.4	(27.8-48.2)	113,334	37.5	(33.8-41.5)
female	20,013	36.5	(29.9-43.6)	121,779	36.6	(33.5-39.9)
Age-adjusted <sup>&amp;</sup>		32.9	(26.9-39.5)		32.8	(30.1-35.6)

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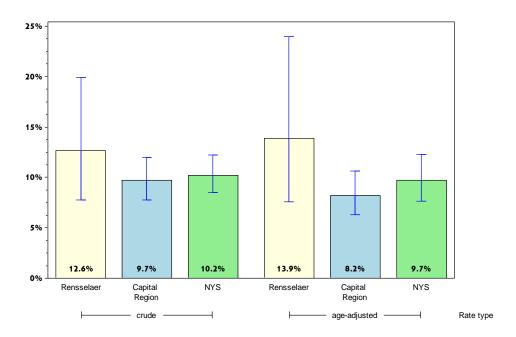
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition<sup>\*</sup>



<b>Rensselaer County</b>	

**Capital Region** 

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,042	12.6	(7.7-19.9)	38,954	9.7	(7.8-12.0)
Age	-			-		. ,
18-24		#			#	
25-34		#			#	
35-44		#		2,378	4.4	(2.3-8.5)
45-64	3,447	11.0	(6.0-19.5)	16,610	10.3	(7.5-14.0)
65+	2,370	13.2	(7.7-21.6)	12,432	11.0	(8.6-13.9)
Race						
White, NH	8,308	12.8	(7.6-20.8)	32,271	9.3	(7.5-11.6)
Black, NH		#		2,454	11.4	(6.3-20.0)
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,618	10.8	(5.7-19.4)	17,247	9.1	(7.0-11.7)
female	5,425	14.3^	(7.1-26.6)	21,707	10.2	(7.3-14.1)
Age-adjusted <sup>&amp;</sup>		13.9^	(7.6-24.0)		8.2	(6.3-10.6)

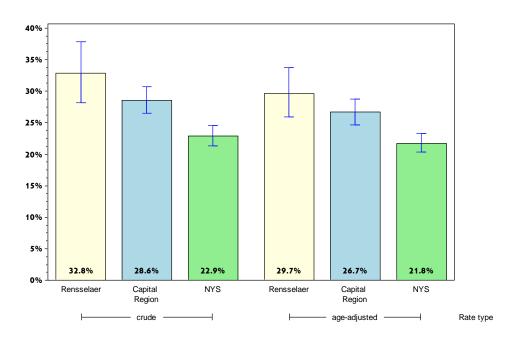
\* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults with arthritis\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	40,474	32.8	(28.1-37.9)	215,186	28.6	(26.5-30.7)
Age						
18-24		#		5,786	6.1	(2.9-12.1)
25-34	3,409	14.7^	(7.6-26.7)	9,822	8.0	(5.3-11.9)
35-44	1,740	9.2	(4.4-18.3)	22,489	19.5	(14.0-26.6)
45-64	19,239	43.9	(35.6-52.5)	96,695	36.8	(33.2-40.4)
65+	14,463	64.8	(55.3-73.3)	77,396	53.7	(49.8-57.5)
Race						
White, NH	37,178	34.2	(29.2-39.7)	186,495	29.1	(27.0-31.3)
Black, NH		#		8,607	23.1	(15.9-32.2)
Hispanic		#		5,766	22.5	(15.2-32.0)
Other, NH		#		14,318	28.7^	(16.8-44.4)
Sex						
male	12,862	21.9	(16.2-28.8)	76,893	21.1	(18.7-23.8)
female	27,612	42.8	(36.2-49.7)	138,293	35.5	(32.5-38.6)
Age-adjusted <sup>&amp;</sup>		29.7	(25.9-33.7)		26.7	(24.7-28.8)

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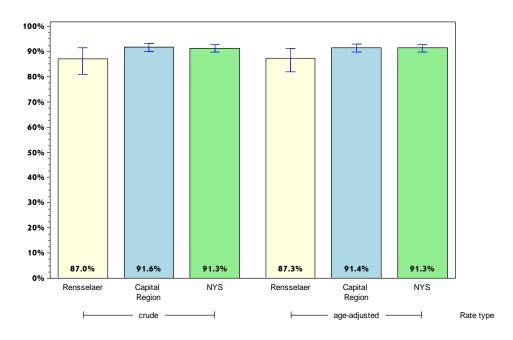
\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



#### **Rensselaer County**

#### **Capital Region**

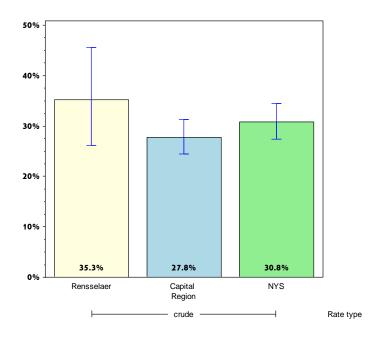
	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	103,296	87.0	(80.8-91.4)	655,340	91.6	(89.8-93.0)
Age						
18-24		#		77,470	89.2	(79.8-94.5)
25-34	18,167	75.2^	(50.4-90.0)	102,214	86.1	(79.6-90.7)
35-44	17,034	92.7	(85.7-96.4)	102,548	93.2	(90.0-95.4)
45-64	37,986	89.9	(84.4-93.7)	234,077	92.8	(90.3-94.7)
65+	18,558	89.0	(81.3-93.8)	128,519	94.2	(92.1-95.7)
Race						
White, NH	93,095	88.5	(81.6-93.0)	565,421	92.4	(90.7-93.8)
Black, NH		#		29,736	87.1	(79.3-92.3)
Hispanic		#		20,397	90.9	(85.2-94.5)
Other, NH		#		39,787	84.2	(67.8-93.1)
Sex						
male	49,017	85.6^	(72.9-92.9)	318,464	92.0	(89.0-94.3)
female	54,280	88.2	(83.5-91.8)	336,877	91.1	(89.1-92.8)
Age-adjusted <sup>&amp;</sup>		87.3	(82.0-91.2)		91.4	(89.6-92.9)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



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	Rensselaer County				Capital Reg	ion
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24	7,449	35.3^	(26.2-45.6)	38,155	27.8	(24.5-31.3)
25-34 35-44 45-64						
65+ <b>Race</b>						(
White, NH Black, NH Hispanic Other, NH	6,340	31.8 <sup>^</sup> # # #	(23.0-42.1)	36,209	28.6 # # #	(25.2-32.3)
<b>Sex</b> male female	3,175 4,274	39.5 <sup>^</sup> 32.7 <sup>^</sup>	(25.0-56.1) (21.7-45.9)	15,469 22,685	25.5 29.6	(20.9-30.7) (25.1-34.5)
Age-adjusted <sup>+,&amp;</sup>						

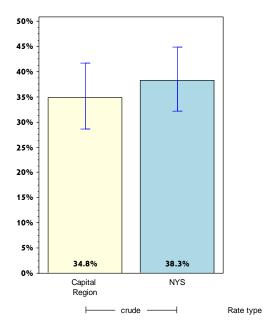
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury<sup>\*</sup>



	Rensselaer County			Capital Region			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		13,231	34.8	(28.6-41.7)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		12,411	34.4	(28.1-41.4)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		4,370	28.2	(19.7-38.7)	
female		#		8,861	39.4	(30.9-48.5)	
Age-adjusted <sup>+,&amp;</sup>							

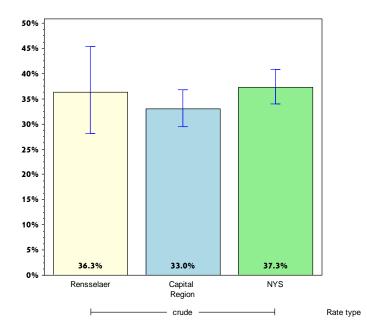
\* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



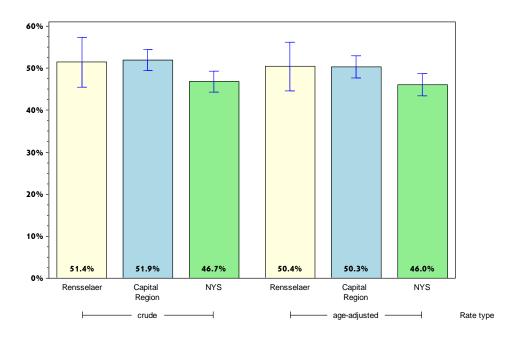
	Rensselaer County			(	Capital Reg	ion
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> Age⁺ 18-24	13,238	36.3	(28.1-45.4)	76,642	33.0	(29.5-36.7)
25-34 35-44 45-64						
65+ <b>Race</b>	40.000		(22 = 46 0)	67.400		
White, NH Black, NH Hispanic Other, NH	12,080	36.8 # # #	(28.5-46.0)	67,188 4,175	33.0 45.6 <sup>^</sup> # #	(29.3-36.9) (27.9-64.4)
<b>Sex</b> male female	6,906 6,332	38.5 <sup>^</sup> 34.2 <sup>^</sup>	(25.5-53.3) (24.6-45.4)	42,342 34,300	37.1 29.1	(31.6-42.9) (24.6-34.0)
Age-adjusted <sup>+,&amp;</sup>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 18+ years with flu immunization in the past year<sup>\*</sup>



#### **Rensselaer County**

**Capital Region** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	61,433	51.4	(45.4-57.4)	374,103	51.9	(49.4-54.4)
Age						
18-24		#		39,893	45.7	(35.3-56.5)
25-34	9,412	38.9^	(23.0-57.7)	43,833	36.8	(30.7-43.4)
35-44	9,535	51.9^	(36.9-66.6)	47,801	43.1	(36.6-49.8)
45-64	23,398	54.9	(45.9-63.5)	130,568	51.5	(47.7-55.2)
65+	16,342	77.4	(68.8-84.1)	104,721	75.8	(72.3-78.9)
Race						
White, NH	54,491	51.5	(45.1-57.8)	318,858	51.8	(49.2-54.3)
Black, NH		#		14,742	43.2^	(31.3-55.9)
Hispanic		#		10,649	46.5^	(36.6-56.8)
Other, NH		#		29,854	62.7^	(49.2-74.6)
Sex						
male	25,174	44.0	(34.7-53.6)	168,675	48.4	(44.6-52.2)
female	36,259	58.3	(51.2-65.0)	205,428	55.2	(51.9-58.5)
Age-adjusted <sup>&amp;</sup>		50.4	(44.6-56.2)		50.3	(47.7-53.0)

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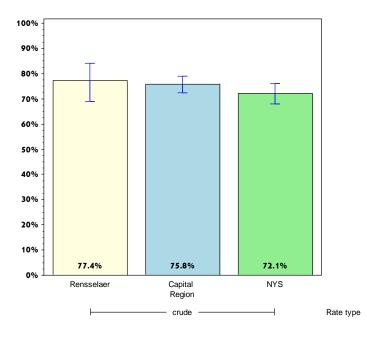
\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year  $^{*}$ 



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44	16,342	77.4	(68.8-84.1)	104,721	75.8	(72.3-78.9)
45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	15,161	76.0 # # #	(67.2-83.1)	96,169	75.6 # # #	(72.0-78.8)
male female Age-adjusted <sup>+,&amp;</sup>	6,027 10,315	75.0 <sup>^</sup> 78.8 <sup>^</sup>	(59.1-86.1) (68.5-86.4)	44,927 59,794	73.5 77.6	(67.8-78.5) (73.3-81.4)

\* Includes flu shot or flu spray

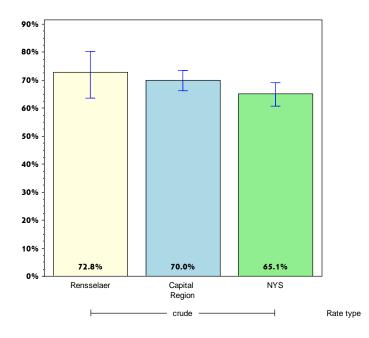
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age <sup>+</sup> 18-24 25-34 35-44 45-64 65+ Race	14,546	72.8	(63.7-80.4)	92,729	70.0	(66.2-73.5)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	13,948 10,055	74.2 # # # 78.9 <sup>^</sup>	(65.2-81.5) (68.6-86.5)	86,365 36,740 55,989	71.1 # # 63.6 74.9	(67.2-74.6) (57.5-69.3) (70.2-79.2)
Age-adjusted <sup>+,&amp;</sup>	-			-		

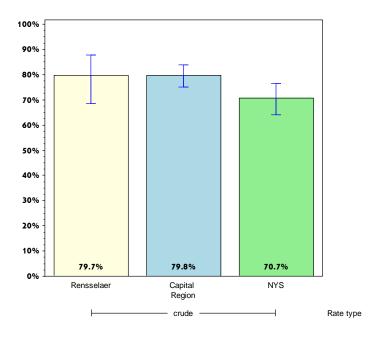
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+	21,031	79.7^	(68.4-87.7)	120,363	79.8	(75.1-83.8)
Race White, NH Black, NH Hispanic Other, NH Sex male female	18,120 21,031	82.8 <sup>^</sup> # # # 79.7 <sup>^</sup>	(70.6-90.5) (68.4-87.7)	97,127 120,363	82.5 # # # 79.8	(77.5-86.6) (75.1-83.8)
Age-adjusted <sup>+,&amp;</sup>	,		()	),000		(

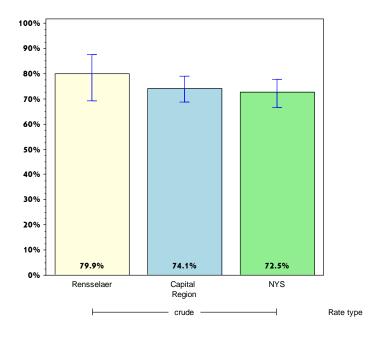
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Rensselaer County			Capital Region		
F	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+	21,584	79.9^	(69.1-87.6)	119,498	74.1	(68.6-79.0)
Race White, NH Black, NH Hispanic Other, NH Sex	17,773	80.1 <sup>^</sup> # #	(67.5-88.7)	91,769 9,034 4,441	72.7 73.0^ 65.9 <sup>^</sup> #	(66.2-78.4) (53.7-86.3) (48.1-80.1)
male female <b>Age-adjusted</b> <sup>+,&amp;</sup>	21,584	# 79.9 <sup>^</sup>	(69.1-87.6)	119,498	# 74.1	(68.6-79.0)

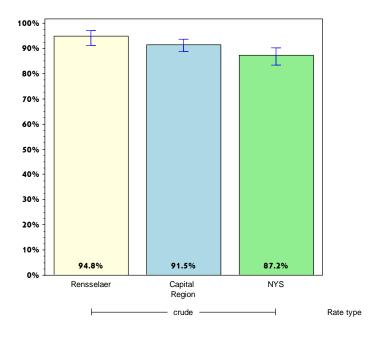
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Rensselaer County			Capital Region		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+	46,569	94.8	(91.1-97.1)	272,288	91.5	(88.8-93.5)
Race White, NH Black, NH Hispanic Other, NH Sex male female	40,677 46,569	95.4 # # # 94.8	(91.3-97.7) (91.1-97.1)	231,253 13,163 7,840 20,032 272,288	92.5 85.1 <sup>^</sup> 79.4 <sup>^</sup> 89.6 <sup>^</sup> # 91.5	(89.8-94.6) (67.6-94.0) (67.0-88.0) (68.0-97.2) (88.8-93.5)
Age-adjusted <sup>+,&amp;</sup>						

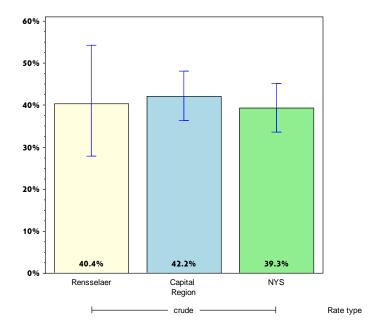
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Rensselaer County			Capital Region		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	10,412	40.4^	(27.9-54.2)	63,605	42.2	(36.4-48.1)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	9,687 10,412	45.5 <sup>^</sup> # # # 40.4 <sup>^</sup>	(31.1-60.6) (27.9-54.2)	51,464 63,605	43.9 # # # 42.2	(37.5-50.6) (36.4-48.1)
Age-adjusted <sup>+,&amp;</sup>						

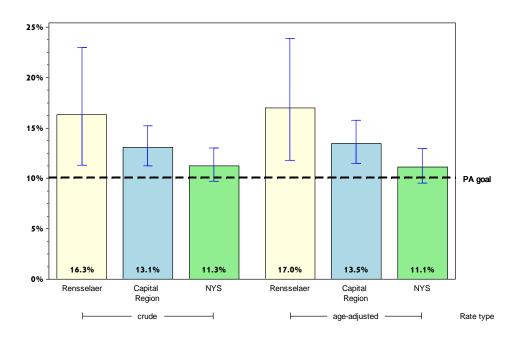
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



#### Rensselaer County

**Capital Region** 

	Est. # of			Est. # of		
r	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	20,291	16.3	(11.3-23.0)	97,381	13.1	(11.2-15.2)
Age						
18-24		#		15,415	16.5	(10.0-25.9)
25-34	6,106	24.5^	(10.7-46.7)	21,884	17.7	(12.4-24.8)
35-44		#		15,297	13.4	(9.0-19.6)
45-64	6,465	14.9	(8.6-24.6)	35,365	13.7	(11.1-16.8)
65+		#		8,895	6.3	(4.5-8.8)
Race						
White, NH	16,378	14.9	(9.8-22.0)	77,087	12.2	(10.3-14.4)
Black, NH		#		10,860	29.8^	(18.5-44.2)
Hispanic		#		4,600	19.0	(12.7-27.4)
Other, NH		#		4,834	9.7^	(4.2-20.9)
Sex						
male	11,280	18.5^	(10.2-31.2)	45,948	12.7	(9.9-16.1)
female	9,011	14.3	(9.9-20.1)	51,433	13.5	(11.2-16.2)
Age-adjusted <sup>&amp;</sup>		17.0	(11.8-23.9)		13.5	(11.5-15.7)

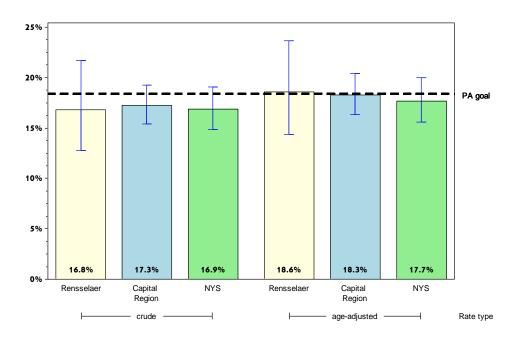
1

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



#### **Rensselaer County**

#### **Capital Region**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	20,158	16.8	(12.8-21.7)	124,613	17.3	(15.4-19.3)
Age						
18-24		#		26,578	29.9^	(21.5-40.0)
25-34	3,840	16.2^	(6.9-33.6)	33,259	27.9	(22.6-33.9)
35-44	4,251	22.3^	(13.3-34.9)	21,657	19.6	(15.1-25.1)
45-64	5,514	12.9	(7.8-20.6)	35,598	14.0	(11.9-16.6)
65+		#		6,695	4.8	(3.4-6.8)
Race						
White, NH	19,065	18.0	(13.6-23.4)	109,332	17.7	(15.8-19.8)
Black, NH		#		6,496	18.9^	(9.3-34.8)
Hispanic		#		3,636	15.3	(9.8-23.0)
Other, NH		#		5,148	$11.1^{\circ}$	(4.9-23.0)
Sex						
male	12,523	22.1	(15.2-30.9)	76,161	21.9	(19.0-25.1)
female	7,635	12.0	(8.2-17.4)	48,452	12.9	(10.7-15.5)
Age-adjusted <sup>&amp;</sup>		18.6	(14.4-23.6)		18.3	(16.3-20.4)

1

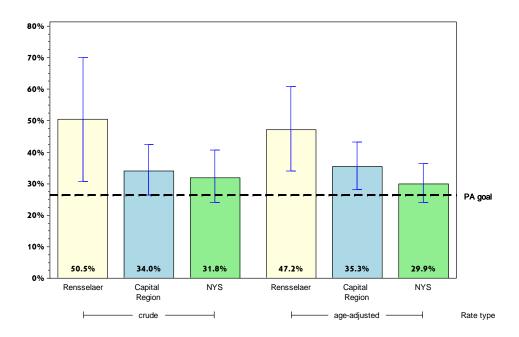
\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Rensselaer County			Capital Region		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,997	50.5^	(30.8-70.0)	32,029	34.0	(26.4-42.5)
Age						
18-24		#			#	
25-34		#		8,601	39.7^	(22.1-60.5)
35-44		#			#	
45-64		#		10,462	29.8^	(20.9-40.6)
65+		#			#	
Race						
White, NH		#		25,081	33.3	(25.0-42.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		17,555	39.9^	(27.2-54.2)
female		#		14,474	28.8	(20.8-38.5)
Age-adjusted <sup>&amp;</sup>		47.2	(34.0-60.9)		35.3	(28.2-43.2)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.