Nurse Lines

To be connected to a nurse day or night, call your insurance plan’s nurse line.

**Capital District Physicians’ Health Plan (CDPHP)** - 1-800-365-4180
To talk one-on-one with a Health Coach, such as a nurse, dietitian, or respiratory therapist, any time, day or night.

**Fidelis Care** - 1-888-343-3547
For information and resources on a variety of health topics.

**MVP Healthcare** - 1-800-204-4712

**United HealthCare** - 1-877-597-7801 ext. 2417

**WellCare of New York** - 1-800-919-8807