Overview of Diabetes in the US

30.3 million US adults have diabetes. The number of diagnosed adults has tripled in the past 20 years, and diabetes is the 7th leading cause of death in the US.

Prediabetes is a condition where blood sugar levels are elevated, but not enough to be diagnosed as diabetes. 1 in 3 adults have prediabetes, and 90% are unaware.

Diabetes Consumer Health Survey Report

47 participants
- 11 were diabetic or prediabetic
- 6 supported someone with diabetes
- 30 were neither caretakers nor diabetic

18% of participants with diabetes or prediabetes have never received information about their condition or how to manage it. Of those who received information, 100% found it helpful and easy to understand.

50% were not aware of local self-management tools available for diabetes and prediabetes support.

The majority of diabetic participants would like to know more about weight-management strategies.

47% of respondents without diabetes have a family member who is diagnosed with diabetes. Most participants without a condition thought diabetes was an issue in their community.

Sources: https://www.cdc.gov/diabetes/basics/diabetes.html