

### **Intersectionality and Mental Health Resources:**

- <https://themindclan.com/> - Learn more about understanding intersectionality and Mental Health, as well as locate resources and tools to promote well-being.
- <https://www.namidanecounty.org> - From NAMI, a brief overview on how to advocate for someone with mental health concerns.
- <https://hr.ubc.ca> -Infographic on Intersectionality and Mental Health
- <https://www.ncbi.nlm.nih.gov/> -Research on Intersectionality: Social Marginalization and Self-Reported Health Status in Young People
- <behavioralhealthnews.org> - An article on the Intersectionality in Behavioral Health: Serving Those with Membership in Multiple Stigmatized Groups
- [Intersectionality 101](#)- A 3 minute video that provides an overview of what “intersectionality” is and its impact.

### **Healthy Capital District Resources:**

- [HCD Peer Professional Development Support Program\\*](#) – learn about our program developed to support, enhance, and grow the impact of peers and the organizations they work for.  
\*We have scholarship opportunities available through the Workforce Development Board.
- [HCD Community Health Professionals](#) webpage dedicated to community health and the professional development of the community health worker and certified peer.
- [HCD Recovery Resource Guide](#)- a guide based on the 8 dimensions of wellness, to locate recovery oriented services, activities, and resources.

### **Peer Supervision FREE training from NAADAC.ORG**

[Peer Recovery Support Series, Part 4: Peer Supervision - Leadership and Lived Experience \(naadac.org\)](#)

### **Certified Peer Specialist (CPS) Training and Application Info:**

- [NY Peer Specialists | Peer Support | NY Certified Peer Specialist](#)

### **CRPA and CARC Training and Application Info:**

- **Recovery Coaching and CRPA/CARC Training\*** please visit: [www.for-ny.org](http://www.for-ny.org) <<http://www.for-ny.org>> . \*FOR-NY Scholarships will be announced in June of 2023.
- **Trainings** listed on the [www.FOR-NY.org](http://www.FOR-NY.org) website as well as on the ASAP-NYCB site, <https://www.asapnys.org/ny-certification-board/> – where applicable, please contact the trainer directly (click on "apply" to see who that is).
- **Peer Certifications (CRPA/CARC):** Ruth Riddick [riddick@asapnys.org](mailto:riddick@asapnys.org)
- **CRPA/CARC Applications:** Elisabeth Kranson: [Ekranson@aspanys.org](mailto:Ekranson@aspanys.org)

### **Mental Health Empowerment Project Info:**

[MHEP, INC – Mental Health Empowerment Project \(mhepinc.org\)](http://mhepinc.org)

**Hudson Mohawk Adult Health Education Center (AHEC):** [www.hmahec.org](http://www.hmahec.org)