

## Peer Services

### Options for Medicaid Reimbursement:

- Rehabilitative Services Option: Authorized under Section 1905(a)(13) of the Social Security Act (the Act), this allows states to pay for discrete rehabilitative services for beneficiaries with an SUD, such as supported employment or skills training and development
- Health homes option: Health home providers integrate and coordinate all primary, acute, behavioral health, and long-term services and supports to treat the whole person. This approach is utilized to pay for recovery support services via bundled payments to health homes that coordinate care for beneficiaries with chronic conditions, including SUDs
- Section 1915(i) Option: allows HCBS services under their Medicaid state plans without obtaining a waiver from CMS. Like the Section 1915(c) waiver, the 1915(i) allows states to design service packages targeted to people with specific needs, including special services for those who have developmental disabilities, physical disabilities, mental illness or SUDs. States may offer benefits to a specific age group without regard to comparability of services for those who do not receive the 1915(i) services, although they must abide by the statewideness rule, dictating that state Medicaid programs cannot exclude enrollees or providers because of where they live or work in the state. Unlike Section 1915(c) waivers, the 1915(i) SPA allows states to set the qualifying level for HCBS at an institutional level of care or lower (MACPAC 2016).
- Waivers:
  - Section 1115 waiver is used to cover recovery support services. Recovery support services are also being offered to beneficiaries receiving services through the certified community behavioral health clinic demonstration.
  - Community behavioral health clinics. These clinics serve individuals with serious mental illnesses and SUDs and provide intensive, multidisciplinary, evidence-based screening, assessment, diagnostics, treatment, prevention, and wellness services. Certified community behavioral health clinics are paid a daily or monthly prospective payment system rate that is clinic-specific and covers the expected cost of demonstration services. All participating in the certified community behavioral health clinic demonstration must target beneficiaries with severe mental illness, children with severe emotional disturbance, and those with an SUD. Many offer recovery support services, including supported employment and peer supports (CMS 2019).
  - HCBS waivers: Waivers under section 1915(c) of the Act can be used to provide services that are not available through the state plan to certain beneficiaries who are at risk for institutionalization. Generally this can be used to pay for discrete rehabilitative services for beneficiaries with an SUD, such as supported employment or skills training and development.

## **Medicaid Reimbursable Peer Roles:**

### **Certified Recovery Peer Advocate (CRPA):**

- Engaging with an individual to consider entering treatment, to attend treatment or other healthcare services, and continuing care services post-discharge.
- Working with participants to identify strengths, linking participants to formal recovery supports, and assisting with developing treatment/recovery plans.
- Raising awareness of existing social and other support services, and assisting with applying for benefits
- Accompanying clients to court appearances and medical or other appointments.

### **Family Peer Support Services (FPSS):**

- FPSS services provide a structured, strength-based relationship between a Family Peer Advocate (FPA) and the parent/family member/caregiver for the benefit of the child/youth (with or without the child/youth present).
- FPSS is divided into two different types of sessions: Individual and Group. Services can be provided on-site or off-site

### **Youth Peer Support (YPS):**

- These services provide the training and support necessary to ensure engagement and active participation of the youth in the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment processes.
- YPS is divided into two different types of sessions: Individual and Group. Claims for YPS services are defined using distinct rate codes based on the type of service provided (i.e., individual or group.)

### **Crisis Intervention Peer Services:**

- Certified peers can provide telephonic follow-up and/or face to face follow up with children/youth who are identified as experiencing a seriously acute psychological/emotional change which results in a marked increase in personal distress and which exceeds the abilities and the resources of those involved (e.g., collateral, provider, community member) to effectively resolve it are eligible for Crisis Intervention.

### **Certified Peer Specialist (NYCPS)/ Mental Health Peer:**

- Peer specialists help others in recovery with a mental health condition or major life disruption
- Peer specialists help others in recovery by assisting them the tasks of managing daily skills for healthy living, helping them stay motivated through social and emotional support, linking them to clinical care and community resources, and by offering long-term, proactive support.
- Services are provided via a person-centered planning process which helps promote client's ownership of their recovery planning and supports. Plans include specific individualized goals that have measureable results.

## **Role Reimbursement Amounts:**

### **Certified Recovery Peer Advocate (CRPA):**

- **Medicaid Reimbursement Amount:** Freestanding Peer Services- Clinic Upstate \$17.02 per 15 minute unit and Opioid Upstate \$15.68 per 15 minute unit; Hospital Based Peer Service- Clinic Upstate \$16.90 per 15 minute unit and Opioid Upstate \$18.12 per 15 minute unit
- Peer Support Services will be billed as H0038 Peer Support Service and can be billed for (15 min) 12 unit (3 hour) maximum per day. Exempt from two service per day rule.
- Peers may work in a variety of settings. Peer Advocate Services are currently reimbursable when delivered by a CRPA or CRPA-Provisional (P), employed in **or contracted by** an outpatient program certified pursuant to 14 NYCRR Part 822, a designated Home and Community Based Services (HCBS) provider, or by Inpatient/Residential Providers within their Per Diem.
- Additionally, Senate Bill S2998A (2021-2022 Legislative Session) authorized peer recovery advocate telehealth services and credentialed family peer advocates for reimbursement

### **Role Reimbursement Family Support Services:**

- **Medicaid Reimbursement Amount:** Upstate individual rate is \$16.36 per 15 minute unit and Group Rate is \$7.91 per 15 minute unit

### **Role Reimbursement Youth Peer Support and Training Services:**

- **Medicaid Reimbursement Amount:** Upstate individual rate is \$16.36 per 15 minute unit and Group Rate is \$7.91 per 15 minute unit

### **Role Reimbursement Crisis Intervention:**

- **Medicaid Reimbursement Amount Telephonic Follow Up:** Upstate rate is \$18.35 per 15 minute unit
- **Medicaid Reimbursement Amount Face to Face Follow Up:** Upstate rate is \$25.23 per 15 minutes
- **Medicaid Reimbursement Amount Mobile 2 person response- one licensed and one is a Certified Peer (up to 90minutes):** Upstate rate is \$109.58 per 15 minute unit
- **Medicaid Reimbursement Amount Mobile 2 person response- one licensed and one is a Certified Peer (90-180 mins response):** Upstate rate is \$968.19