# Hiring Justice Impacted Peers

Part 1 - The Steps Before Implementation

Helen 'Skip' Skipper & Chacku Mathai March 30, 2023





# Working with communities to address the opioid crisis.

- ♦ SAMHSA's State Targeted Response Technical Assistance (STR-TA) and State Opioid Response Technical Assistance (SOR-TA) grants created the *Opioid Response Network* to assist states, individuals and other organizations by providing the resources and technical assistance they need locally to address the opioid crisis.
- Technical assistance is available to support the evidencebased prevention, treatment, and recovery of opioid use disorders.



# Working with communities to address the opioid crisis.

- The Opioid Response Network (ORN) provides local, experienced consultants in prevention, treatment and recovery to communities and organizations to help address this opioid crisis.
- The ORN accepts requests for education and training.
- Each state/territory has a designated team, led by a regional Technology Transfer Specialist (TTS), who is an expert in implementing evidence-based practices.



# Contact the Opioid Response Network

- To ask questions or submit a technical assistance request:
  - Visit www.OpioidResponseNetwork.org
  - Email orn@aaap.org
  - Call 401-270-5900



# Substance Abuse and Mental Health Services Administration (SAMHSA)

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Approach: To build on existing efforts, enhance, refine and fill in gaps when needed while avoiding duplication and not "re-creating the wheel."

# Overall Mission

To provide training and technical assistance via local experts to enhance **prevention**, **treatment** (especially medication-assisted treatment like buprenorphine, naltrexone, and methadone), and **recovery** efforts across the country addressing state and local specific needs.



# Land Acknowledgement



We are each likely participating on the ceded or unceded land of an Indigenous people. For me, where I work, it is the Lenape homeland.

Where I live in Rochester, NY, it is the traditional territory of the Haudenosaunee and by honoring the sovereignty of the Six Nations—the Mohawk, Cayuga, Onondaga, Oneida, Seneca and Tuscarora.

I ask you to join me in acknowledging all Indigenous People and all ancestral and unceded lands of their People, their elders both past and present, as well as future generations.

Most of the institutions for which we work must also acknowledge that they were founded upon exclusions and erasures of many Indigenous peoples.

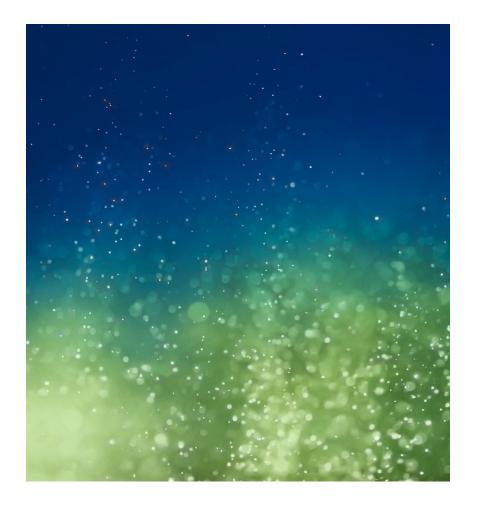
This acknowledgement demonstrates a commitment to begin the process of working to dismantle the ongoing legacies of settler colonialism.



# Labor Acknowledgement

We must acknowledge that much of what we know of this country today, including its culture, economic growth, and development throughout history and across time, has been made possible by the labor of enslaved Africans and their descendants who suffered the horror of transatlantic trafficking of their people, chattel slavery, and Jim Crow.

We are indebted to their labor and their sacrifice, and we must acknowledge the tremors of violence throughout the generations and the resulting impact that can be felt and witnessed today.





## **AGENDA**

- Introductions Chacku & Skip
- What is Peer Support?
- What is a Justice Peer?
- The meaning of "Setting the table"
- The Process of shifting "Organizational Culture"





# **INTRODUCTIONS**

## Hello - Im...

#### Chacku

- Indian-American born in Kuwait who immigrated to the states via NYC then Rochester in 1970's
- Lived experience with mental health and substance use conditions
- Peer supporter and rights activist since 1986

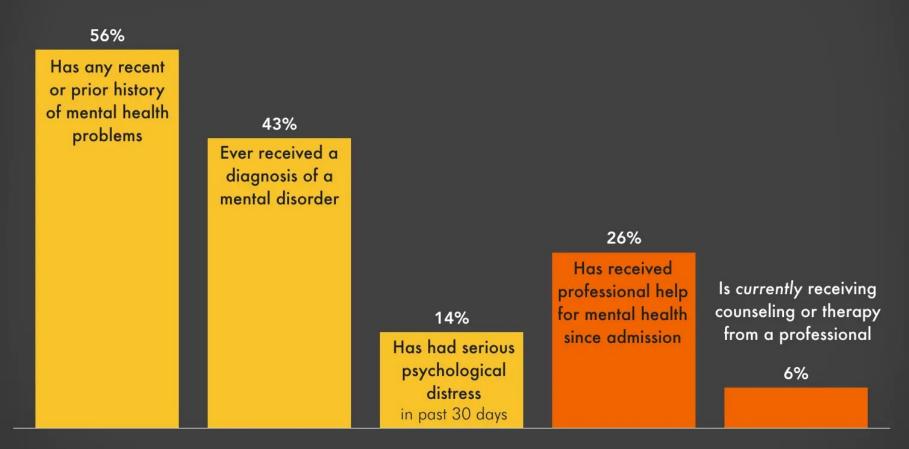
#### Skip

- Directly Impacted by multiple systems
- Executive Director NYC
   Justice Peer Initiative
- Dually Certified Peer MH/SA
- Worked in Peer Support since 2007 – Peer Supervisor



# Over half of people in state prisons report mental health problems, but only 1 in 4 has received professional help in prison

Percentage of people in state prisons nationwide who have indicated a recent or past mental health problem, compared to the percentage who have received any professional help since admission to prison



INDICATORS OF MENTAL HEALTH PROBLEMS

AMONG PEOPLE IN STATE PRISONS

TREATMENT RECEIVED
IN STATE PRISONS



# Why Focus on Co-Occurring Disorders?

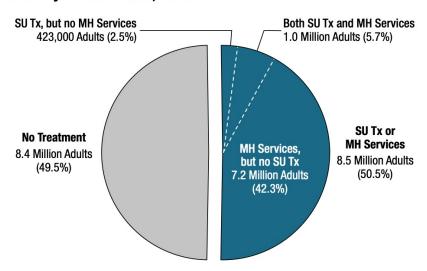
- The combined presence of SUDs and mental disorders results in more profound functional impairment; worse treatment outcomes; higher morbidity and mortality; increased treatment costs; and higher risk for homelessness, incarceration, and suicide than if people had only one of these disorders but not both.
- Current treatment guidelines recommend that people with co-occurring disorders receive treatment for both disorders.

<sup>•</sup> Substance Abuse and Mental Health Services Administration. (2021). Key substance use and mental health indicators in the United States: Results from the 2020 National Survey on Drug Use and Health (HHS Publication No. PEP21-07-01-003, NSDUH Series H-56). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.



# 2020 National Receipt of Services Data

Figure 54. Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Substance Use Disorder and Any Mental Illness; 2020

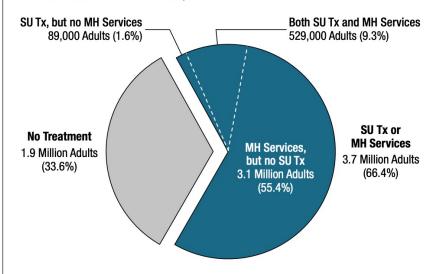


#### 17.0 Million Adults with a Substance Use Disorder and Any Mental Illness

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.

MH = mental health; SU Tx = substance use treatment.

# Figure 55. Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Substance Use Disorder and Serious Mental Illness; 2020



#### 5.7 Million Adults with a Substance Use Disorder and Serious Mental Illness

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.

MH = mental health; SU Tx = substance use treatment.

Note: The percentages do not add to 100 percent due to rounding.

Substance Abuse and Mental Health Services Administration. (2021). Key substance use and mental health indicators in the United States: Results from the 2020 National Survey or
Drug Use and Health (HHS Publication No. PEP21-07-01-003, NSDUH Series H-56). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and
Mental Health Services Administration.





# WHAT IS PEER SUPPORT?

## PEER SUPPORT IS...

#### **ELEMENTS**

- ♦ MUTUALITY
- SHARED UNDERSTANDING
- ♦ RELATIONSHIP-BASED
- ♦ RECOVERY-BASED
- ♦ STRENGTHS-BASED
- ♦ PERSON-CENTERED
- MUTUAL EMPOWERMENT
- ADVOCATING
- EMPATHETIC

#### QUALITIES

- ♦ NOT A HELPER vs HELPEE
- ♦ NON-JUDGEMENTAL
- ♦ HOPE-DEALER
- BUILDING COMMUNITY
- SHARED STORY-TELLING
- ◆ TRUST
- ♦ INSPIRE
- ♦ MENTORSHIP
- NAVIGATIONAL AID
- ♦ RESOURCEFUL





WHAT
IS
A
JUSTICE
PEER?

## A JUSTICE PEER IS...

**Everything Peer with** the added valuable addition of lived experiences in navigating the Crimino-Legal system and landscape!





# WHAT DO WE MEAN BY "SETTING THE TABLE"?

## ORGANIZATIONAL CULTURE

#### **SCENARIOS**

♦ LANGUAGE

♦ CULTURE SHIFT

LANYARDS & KEYS

#### examples...

- person first language what are we calling our participants?
- how do we move from a place of service to the directly-impacted to coworkers?
- do we wear ID's clipped to our shirt pocket? Or bunches of keys attached to belts?



### TRAUMA INFORMED

#### **SCENARIOS**

- ♦ NON-JUDGEMENTAL
- ♦ RESPECT EVERYONE'S
  WORLDVIEW
- ♦ ITS NOT WHAT YOU DID...

#### examples...

- people who matter don't judge
- everyone has a right to their opinion
- validation of expertise



## HR POLICY & PRACTICES

#### **PRACTICES**

- Language shift
- DEI
- Non-judgmental
- Strengths-based
- Person-first culture
- Trauma informed
- Navigation of Background Checks & regulatory required paperwork

#### **POLICY**

- Regulatory requirements
- How does this differ with the directly-impacted?
- How do we build in the inclusivity factor?
- Accommodations What do they entail for the directly-impacted? i.e. court / community supervision appointments, curfew



#### JOB DESCRIPTION DEVELOPMENT

#### Needs to build the JD

- Definitive Work-flow
- Peer values and competencies
- Hard skills job-related competencies and abilities
- PT vs. FT vs. Per diem?
- ♦ Pay scale vs. Pay rate
- What is Co-Optation? The importance of non-cooptation
- ♦ On-the-job-training?

#### Need or Nice to have?

- Soft skills personal qualities and traits
- Tech competencies
- Documentation
- Professional Etiquette
- Software Knowledge



# ONBOARDING & TRAINING REGIMEN

#### Capacity Building

- Professional Development
- Career Ladder Expectations
- PromotionalOpportunities
- Upskilling Requirements

#### Expectations

- Hard skills job-related competencies and abilities
- Soft skills personal qualities and traits



# PEER SUPERVISION

Build in a mechanism for peer supervision

What is the expectation for supervision?

- How will supervision be offered? Weekly?
- Open door policy
- Framework for authentic discussion of barriers

